

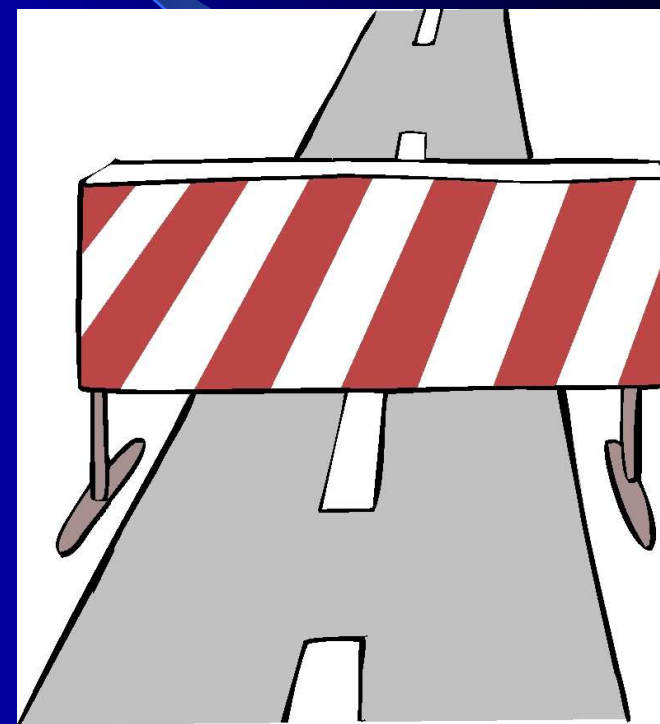
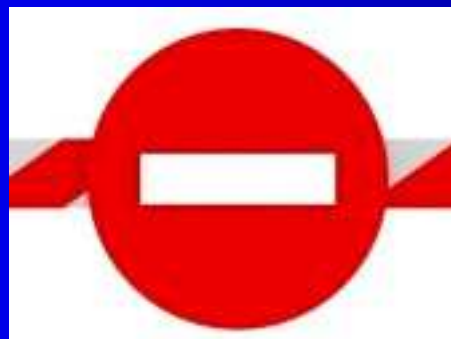
**Martedì 21 Ottobre 2014**

**DALL'ICTUS CRIPTOGENETICO ALLA CHIUSURA PERCUTANEA  
DEL FORAME OVALE PERVIO**



**PFO Closure for Cryptogenic Stroke**

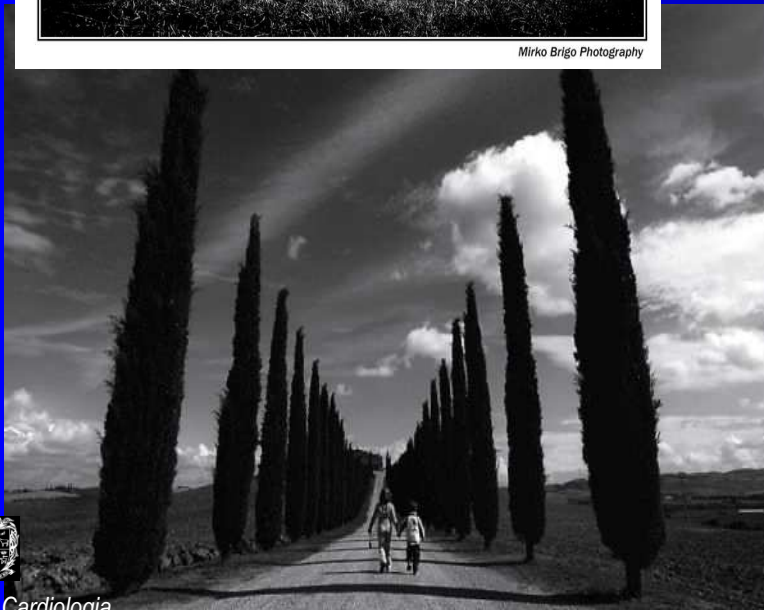
# Le Barriere



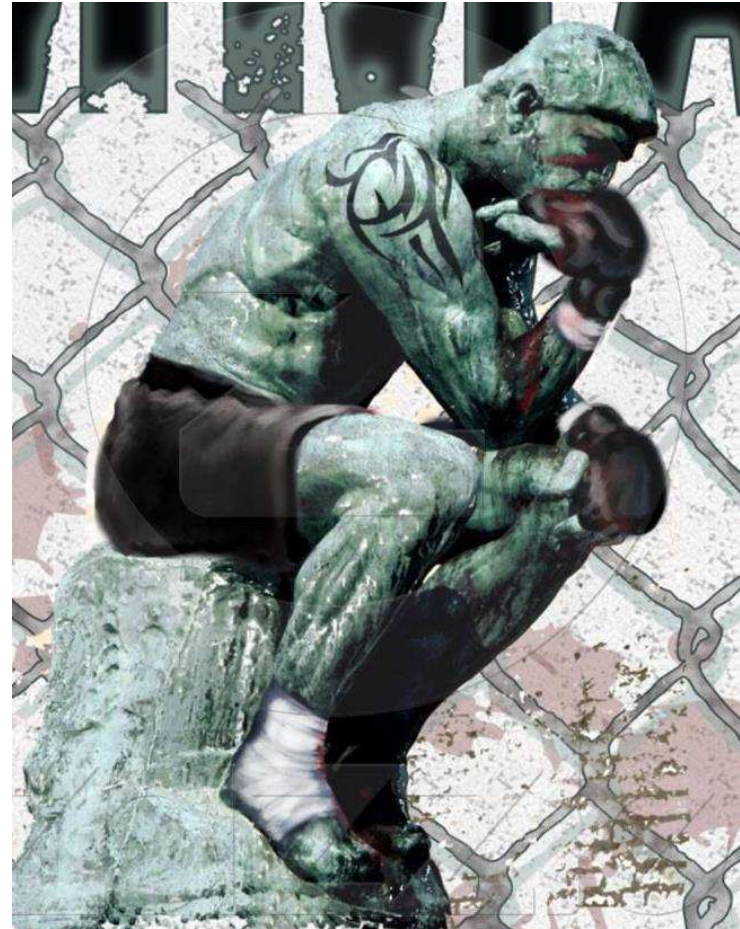
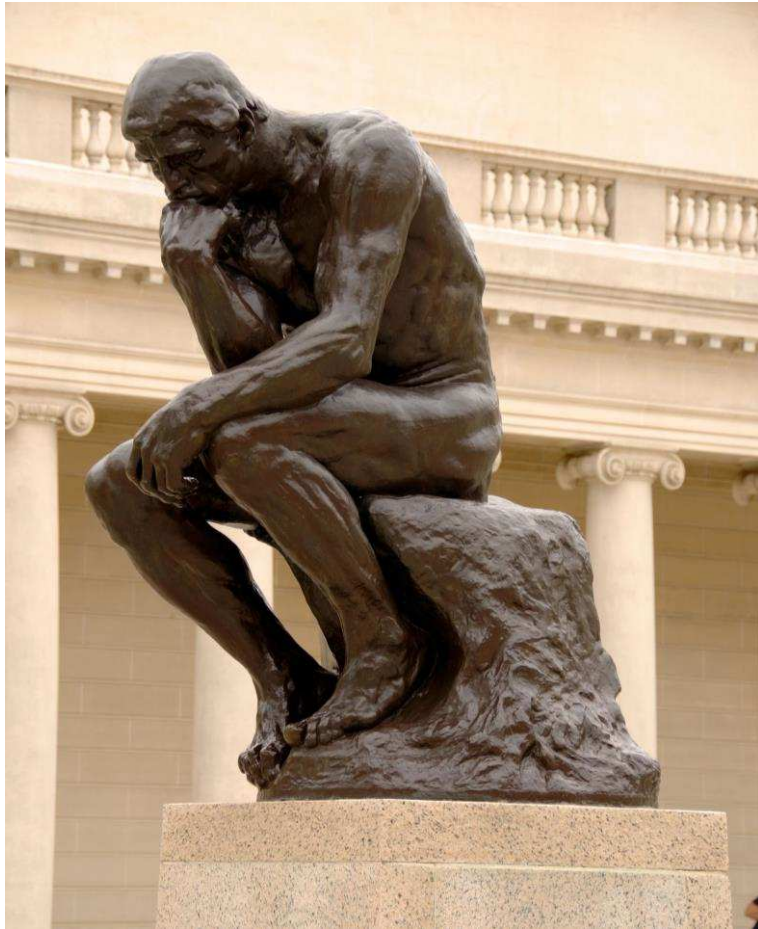
# Le Barriere



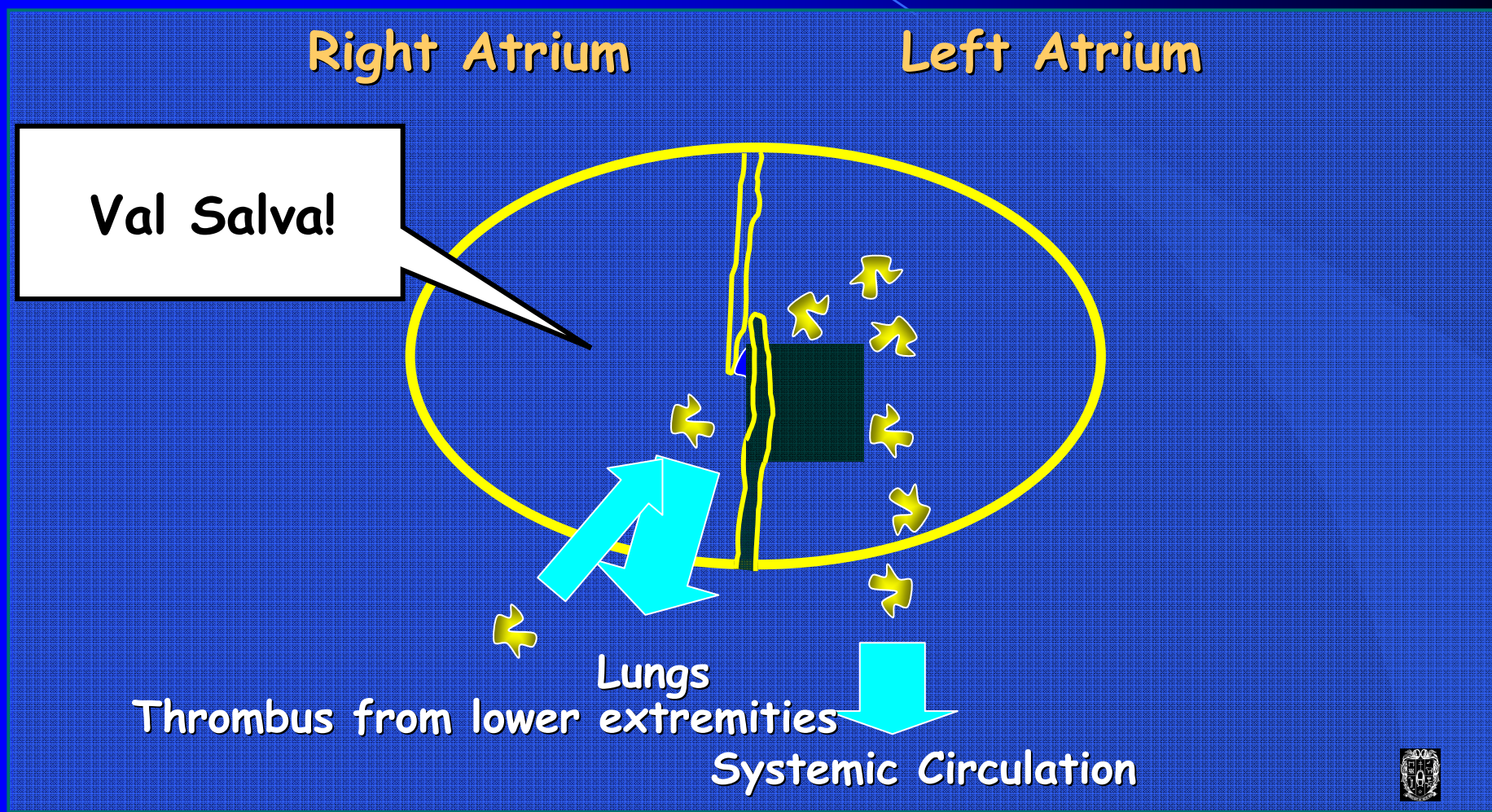
Mirko Brigo Photography



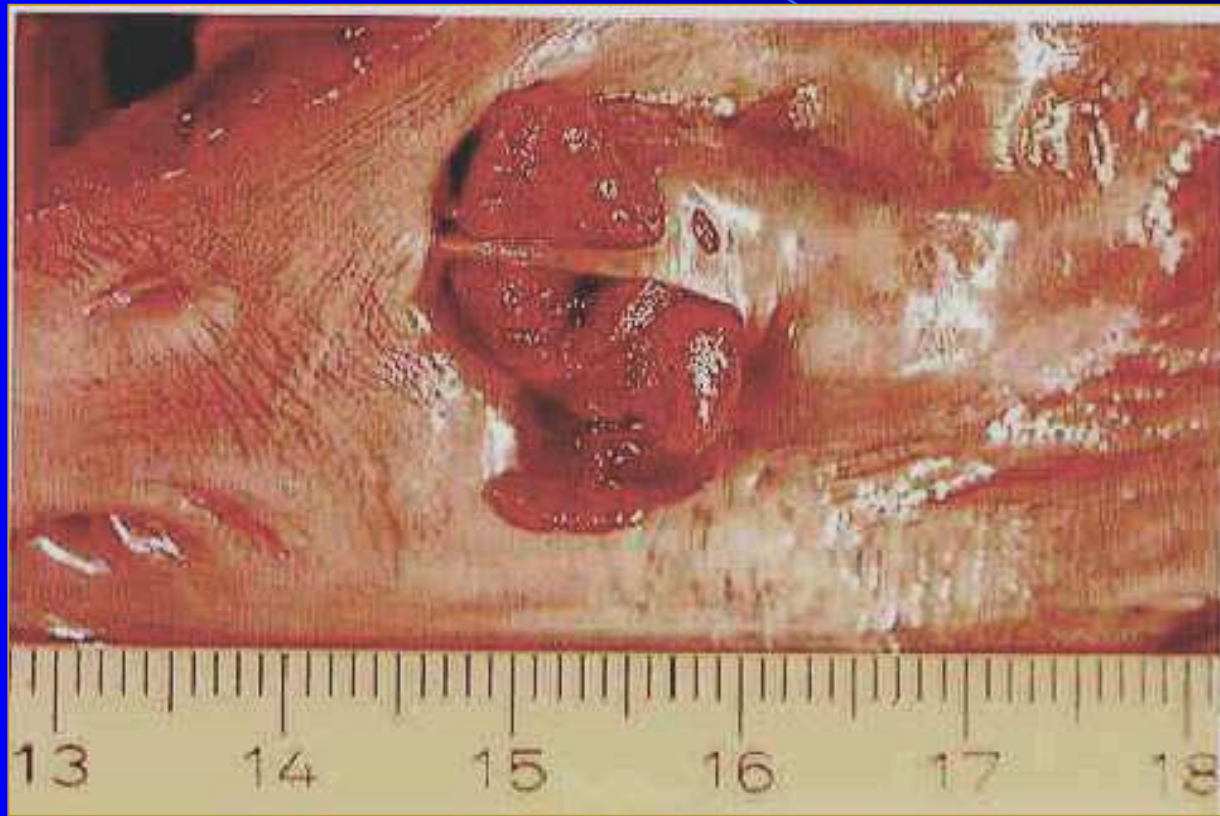
# Neurologists



# Proposed Mechanism of Paradoxical Embolization 1



## Proposed Mechanism of Paradoxical Embolization 2



Surgical specimen with thrombus “wedged” in PFO.



# Transcatheter Closure of PFO

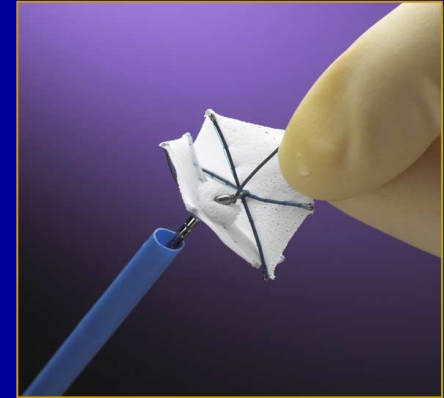
## *Double Occluder Devices in Clinical Use*



**Amplatzer**



**NMT Medical**



**Cardia**



Preparazione dell'occlusore  
settale



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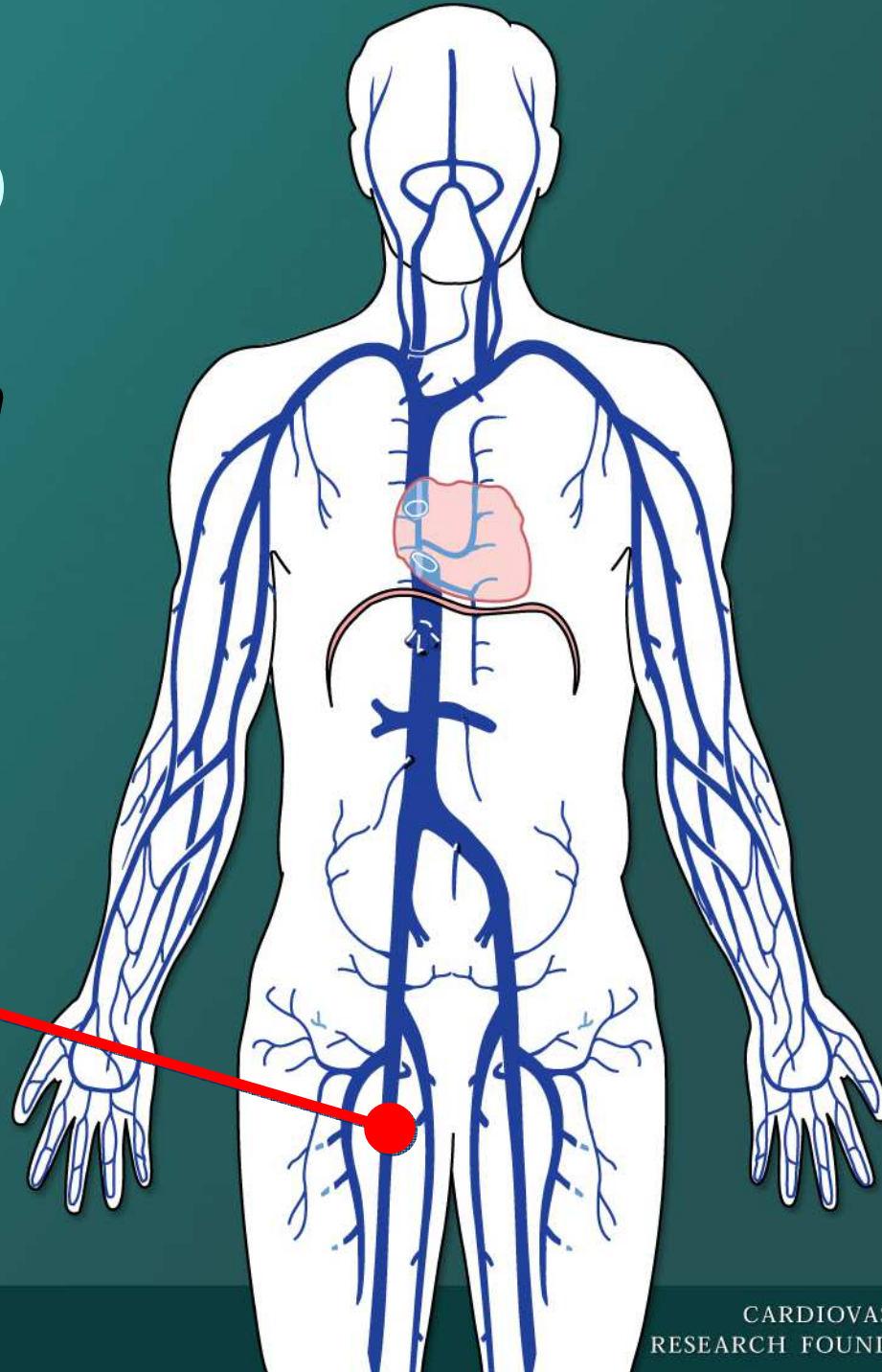
*Divisione di Cardiologia  
Parma*

# Cath-lab staff



# Transcatheter Closure of PFO *Generalized Current Approach*

*Site of catheter entry  
into femoral vein*

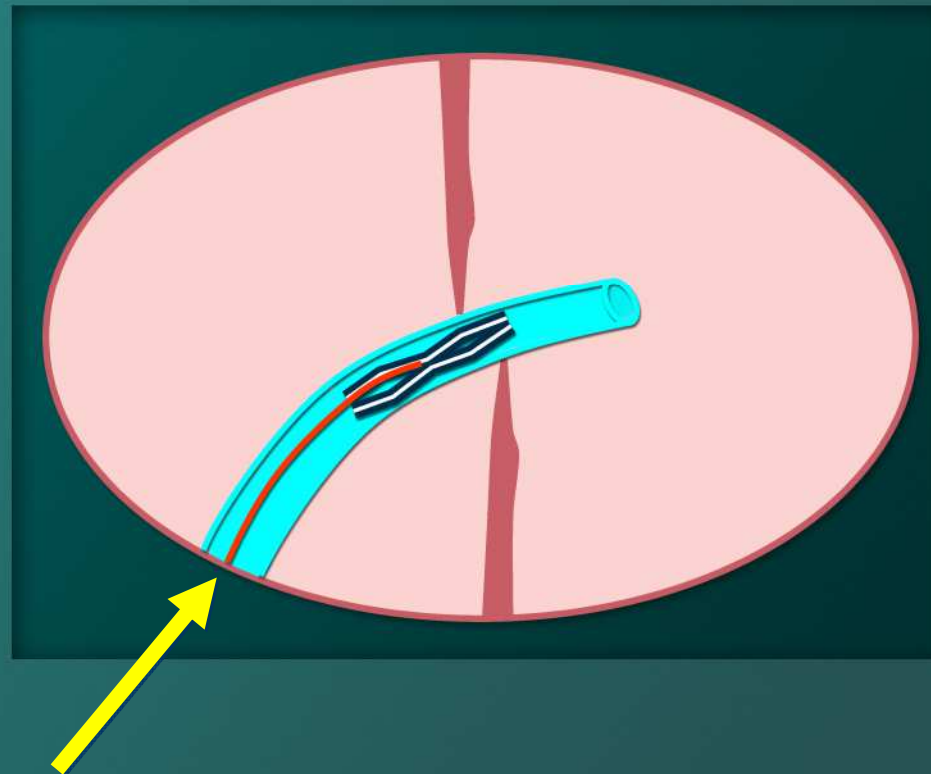


# Transcatheter Closure of PFO

## *Generalized Current Approach*

**Right  
Atrium**

**Left  
Atrium**



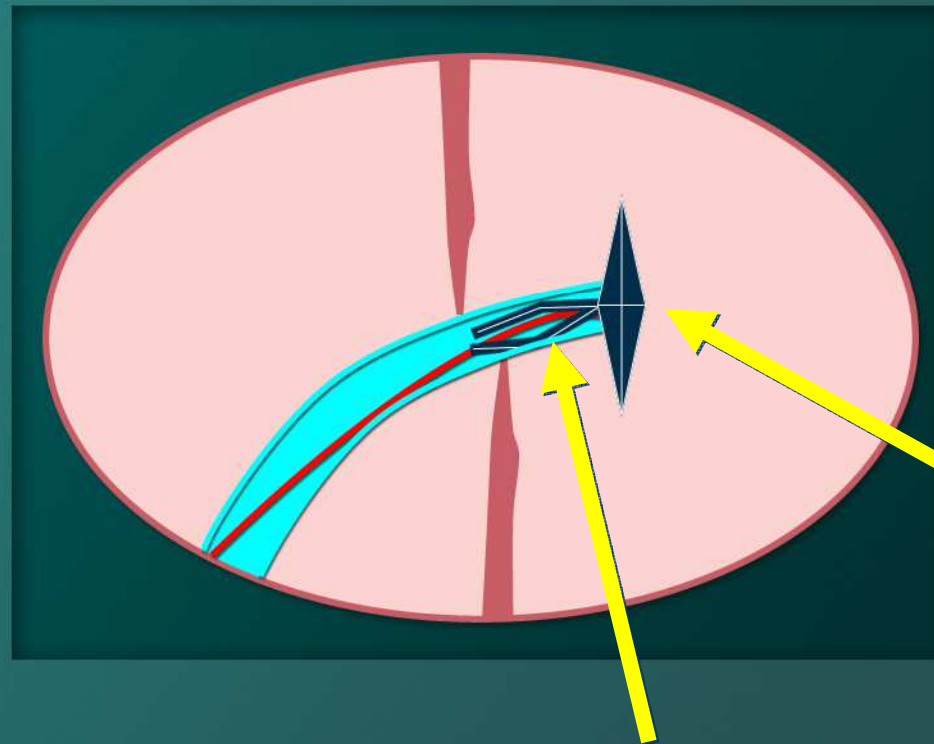
*Catheter delivered from the IVC*



# Transcatheter Closure of PFO

## *Generalized Current Approach*

**Right  
Atrium**



**Left  
Atrium**

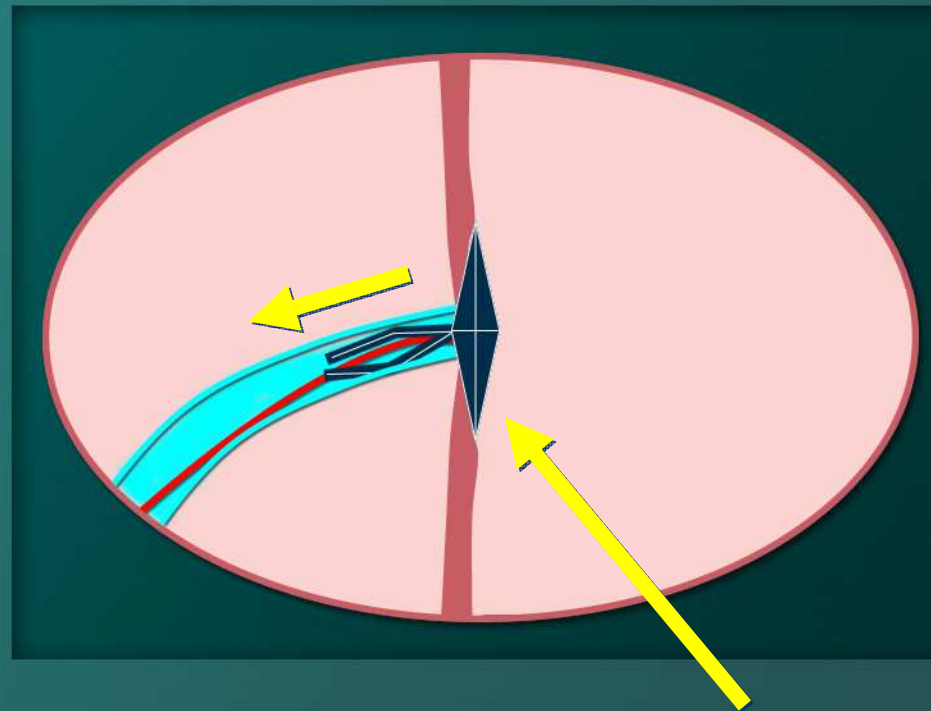
*Left-sided  
occluder  
opened in LA.*

*Right-sided occluder remains  
folded within delivery catheter.*

# Transcatheter Closure of PFO

## *Generalized Current Approach*

Right  
Atrium



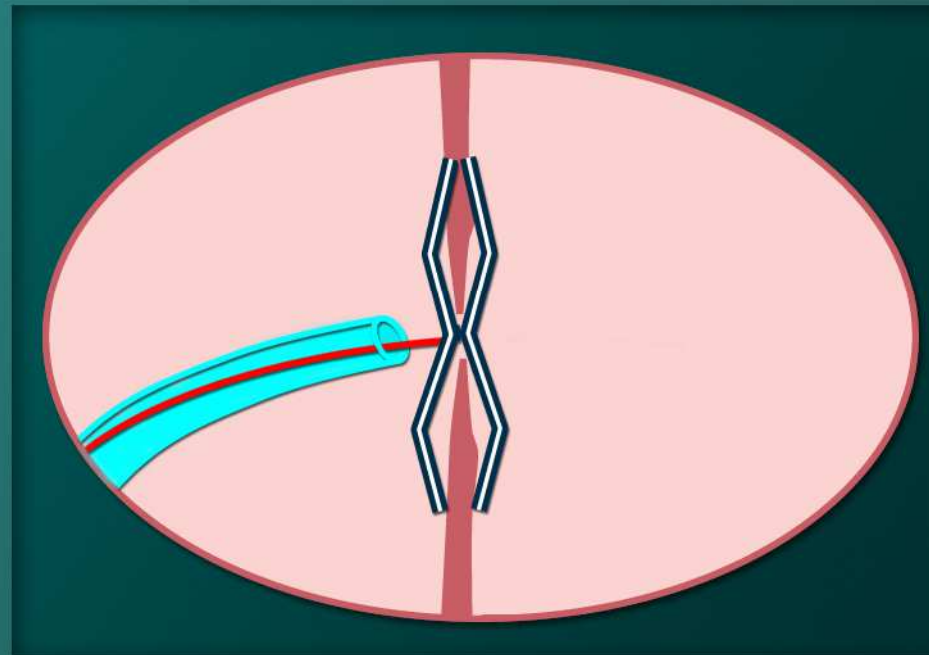
Left  
Atrium

*Left-sided occluder pulled back  
against flap of PFO, sealing it.*

# Transcatheter Closure of PFO

## *Generalized Current Approach*

**Right  
Atrium**



**Left  
Atrium**

*Right-sided occluder opened,  
fixing device position.  
Device released.*



# Transcatheter Closure of PFO

## *Amplatzer PFO Occluder: AGA Medical*

- Device Advantages:
  - Simple delivery/release
  - Easy retrieval before final release
  - Reusable device after retrieval
  - Conforms anatomy to device



# Transcatheter Closure of PFO

## *Procedural Risks*

- Serious complications ~1/500 cases, few are life-threatening, but may include:
  - Thromboembolism
  - Air embolism
  - Device embolization
  - Cardiac perforation



# Transcatheter Closure of PFO

## *Late Risks*

- Late Arrhythmia:
  - Transient PAC's: probably 50%
  - Paroxysmal Atrial Fibrillation: probably 3-8%
- Device Thrombosis:
  - Risk unknown / device specific, probably < 2%
  - Many pts asymptomatic: echo finding only
- Device Erosion:
  - Risk unknown, device/anatomy specific
  - JACC (2005) 45(8):1213-8



# Transcatheter Closure of PFO

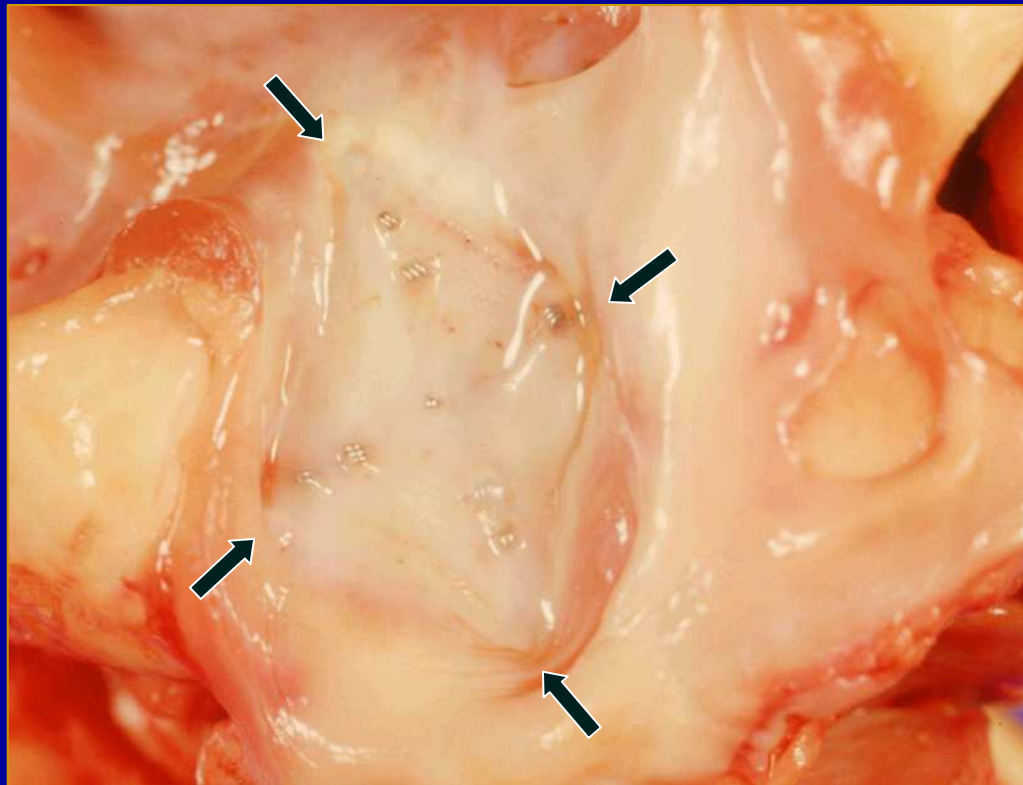
## *Potential Procedural Benefits*

- The “Good News”:
  - 30-60 minute procedure
  - Less pain than surgery, no scar
  - No long term anti-coagulation
  - Return to full activity in 5 days



# Transcatheter Closure of PFO

## *Device Endothelialization: CardioSEAL*



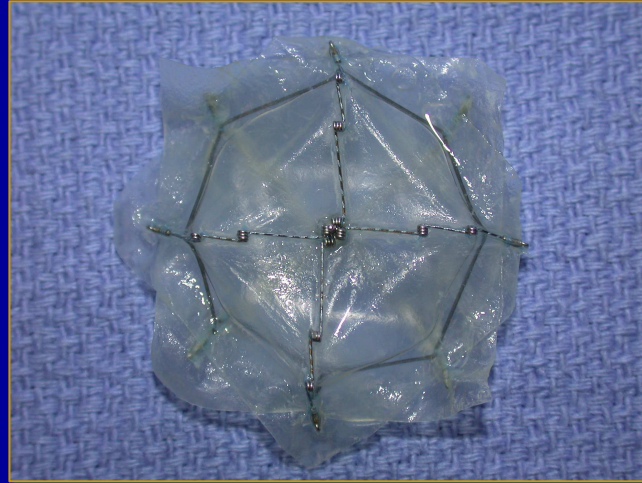
Device thoroughly endothelialized by 6 months



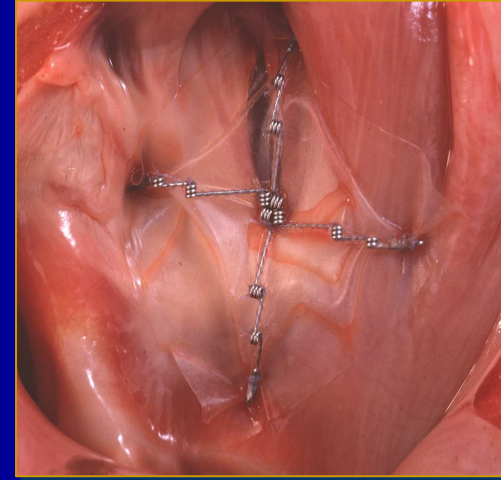
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# BioSTAR™: NMT Medical

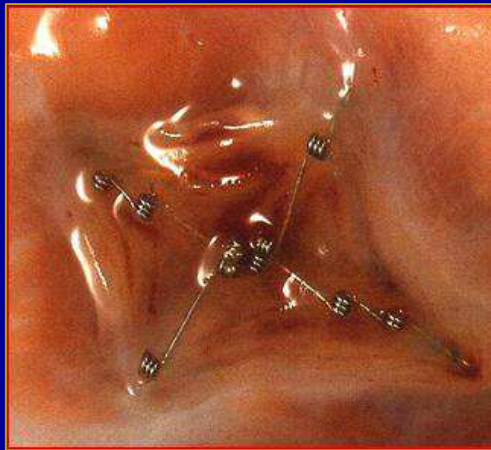
**BioSTAR**



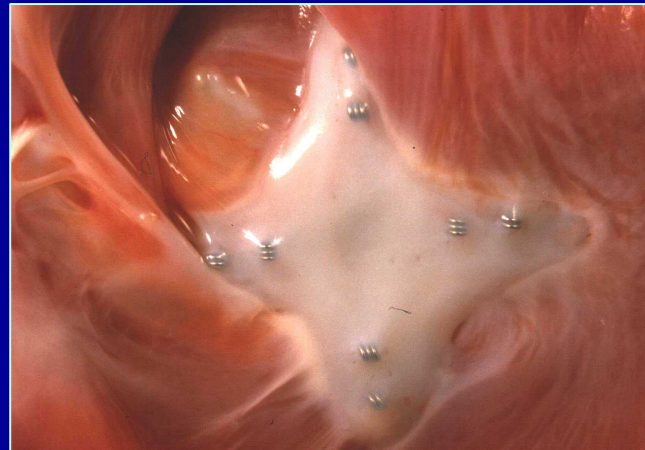
**At implant**



**30 days  
post implant**



**90 days  
post implant**



Photos provided by: Dr. Christian Jux, University of Goettingen/Germany and  
Dr. Peter Wohlsein, Institute of Pathology, School of Veterinary Medicine Hannover, Hannover/Germany



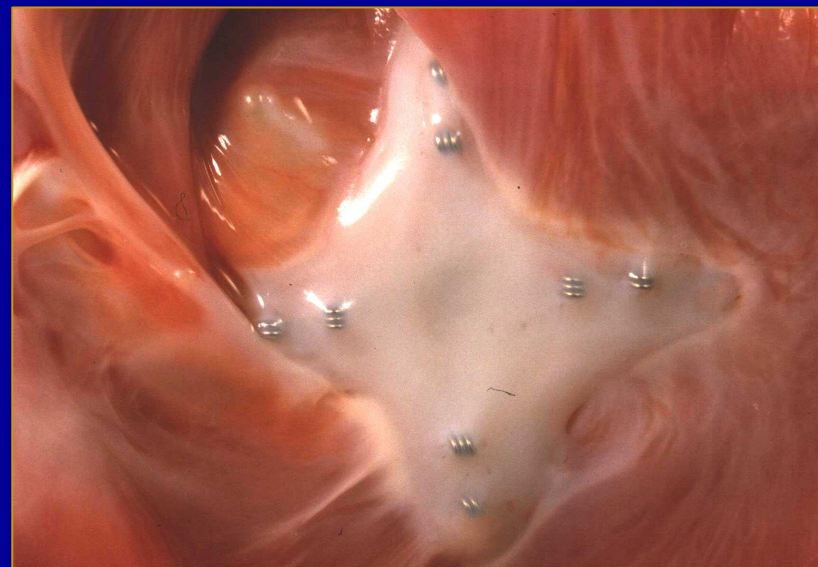
*Divisione di Cardiologia  
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# BioSTAR™: NMT Medical

## *180 Day Results*



**STARFlex®**

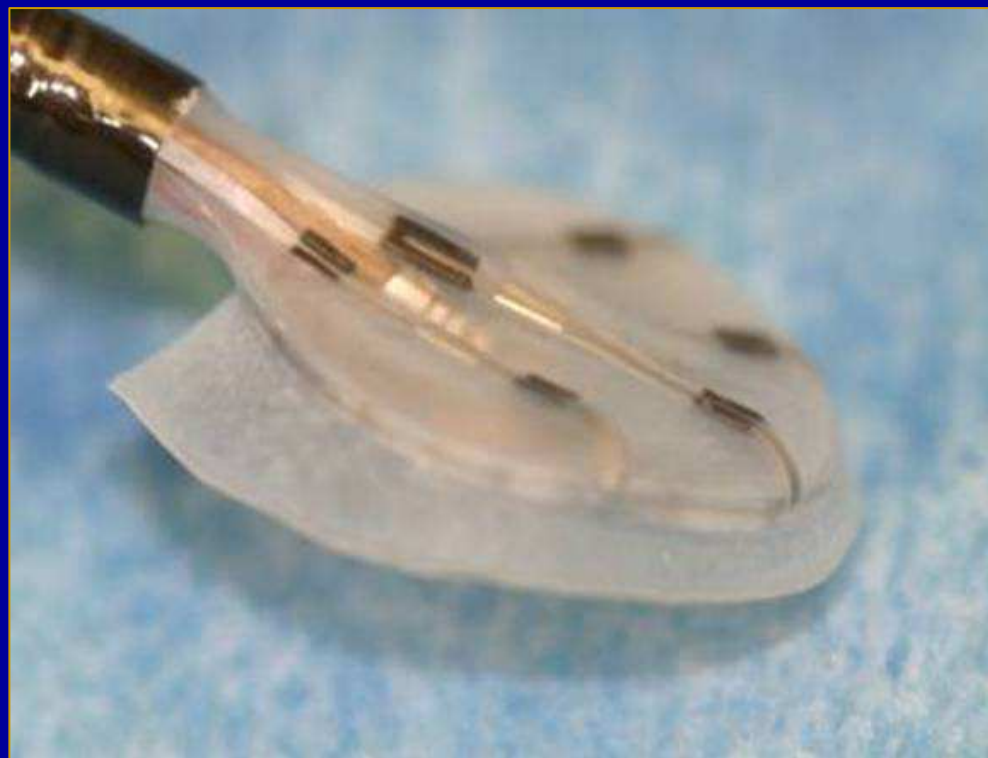


**BioSTAR™**



# PFX System: Cierra

## *Radiofrequency Energy Application*



**Cierra**



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## *The Future of PFO Closure*

- The PFO should be viewed not as a hole in the traditional sense of a congenital defect, but as an “enabler” which allows systemic venous blood to bypass the filtration system of the lungs



## *The Future of PFO Closure*

- The clinical manifestations of the failure to filter the blood are largely unknown
- New indications may arise in the next few years, but need to be based on definitive investigative studies



## ***The Future of PFO Closure***

- Within a decade, a variety of catheter techniques will be available such that each may be best applied to specific anatomic variants
- Within a decade, closure procedures for PFO may be second in frequency only to coronary intervention in the cath lab



1

## **RISCHIO DI MALATTIA DA DECOMPRESSIONE**

Riguarda i soggetti, anche asintomatici, che essendo portatori di PFO, corrono **rischi embolici per il particolare tipo di lavoro o per l'attività sportiva svolta:**

ad esempio soggetti dediti all'immersione subacquea, lavoratori in tunnel con aria compressa, piloti delle grandi altezze, astronauti.

Per questi soggetti può essere indicata la chiusura del PFO sia su richiesta personale , sia per precedenti embolici comprovati



2

## **SINDROME PLATIPNEA - ORTODEOXIA (SPO):**

Si tratta di una desaturazione arteriosa, associata a dispnea, che si produce nel passaggio dal clinostatismo all' ortostatismo.

La SPO sembra essere associata soprattutto alla **pneumonectomia** , **all'aneurisma dell'aorta ascendente**, **all'obesità ed all'accorciamento della colonna vertebrale**.

La presenza di un forame ovale pervio consentirebbe il prodursi di uno shunt Dx-Sin : questo si accentuerebbe in ortostatismo a causa di un **disassamento** del setto interatriale, comportando la desaturazione.

In una ricerca multicentrica francese su 78 pazienti (P.Guérin) la correzione percutanea del PFO ha ridotto la desaturazione dal 98.3% al 24.2% dei soggetti.



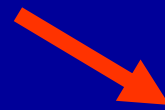
Il rischio del **PFO nella fase peri-operatoria** di un qualunque intervento chirurgico, non è stata studiata sistematicamente ;

tuttavia è possibile che emboli di varia natura (**grasso, aria, coaguli venosi**) possano attraversare un forame ovale pervio dando **embolia paradossa** durante condizioni non fisiologiche di variazioni della pressione intratoracica:

**ventilazione assistita,**

**chirurgia a torace aperto,**

**stiramenti dei tessuti mediastinici,**

 **chirurgia della fossa cranica posteriore**

**Valutazione preliminare del problema nei pazienti chirurgici a rischio ?**

Ogni causa di significativo aumento di pressione nelle camere cardiache destre può, **in presenza di PFO**, favorire shunt Dx-Sin, con possibilità di **desaturazione** ed **embolia paradossa** :

- Stenosi valvolare polmonare
- Malattia di Ebstein
- Infarto del ventricolo destro
- Malattie polmonari croniche (ostruttive o restrittive)
- Embolia polmonare (acuta o cronica)
- Ipertensione polmonare (primitiva o secondaria).

Scelta terapeutica da caso a caso ...



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# Study Design

**161 consecutive pts, since October 2001, pre-treated with Aspirin 100 mg, with signed informed consent**

**Percutaneous approach by puncture of femoral vein  
Peri-procedural heparin with target ACT bet 250 and 300''**

**TTE post-procedure and at discharge  
ASA 100 mg for 1 year and thienopyridines for 3-4 months**

**1 year Follow up:**

- office visit
- Transcranial Eco-Doppler
- TTE or TEE



# Study Population

## Procedure Clinical Indications

| n = 161    |    | %    |
|------------|----|------|
| Indication |    |      |
| - Stroke   | 58 | 36,0 |
| - TIA      | 95 | 59,0 |
| - Other    | 8  | 4,9  |



# Study Population

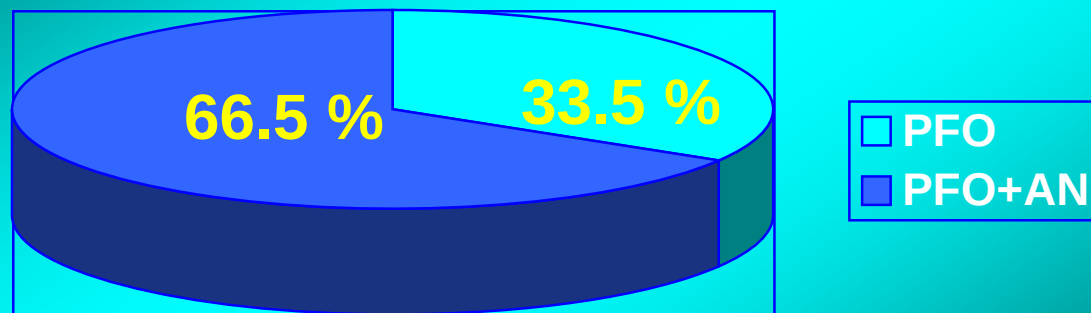
## Clinical characteristics

|                 | n = 161      | %    |
|-----------------|--------------|------|
| Age (Mean+/-SD) | 49,2+/- 12,9 |      |
| Males           | 84           | 51,6 |
| Hypertension    | 61           | 37,9 |
| Smoke           | 46           | 28,6 |
| Diabetes        | 6            | 3,7  |



# Study Population

## Type of defect



# Study Population

## Risk factors distribution between the 2 groups

|                 | Amplatzer<br>(n=127) | Cardia<br>(n=30) | P  |
|-----------------|----------------------|------------------|----|
| Diabetes        | 5 (6%)               | 1 (3%)           | NS |
| Hypertension    | 48 (38%)             | 13 (43%)         | NS |
| Smoke           | 41 (32%)             | 6 (20%)          | NS |
| Type of defect: |                      |                  |    |
| - PFO           | 79 (62%)             | 24 (80%)         | NS |
| - PFO + AN      | 48 (38%)             | 6 (20%)          | NS |



# Procedural Characteristics

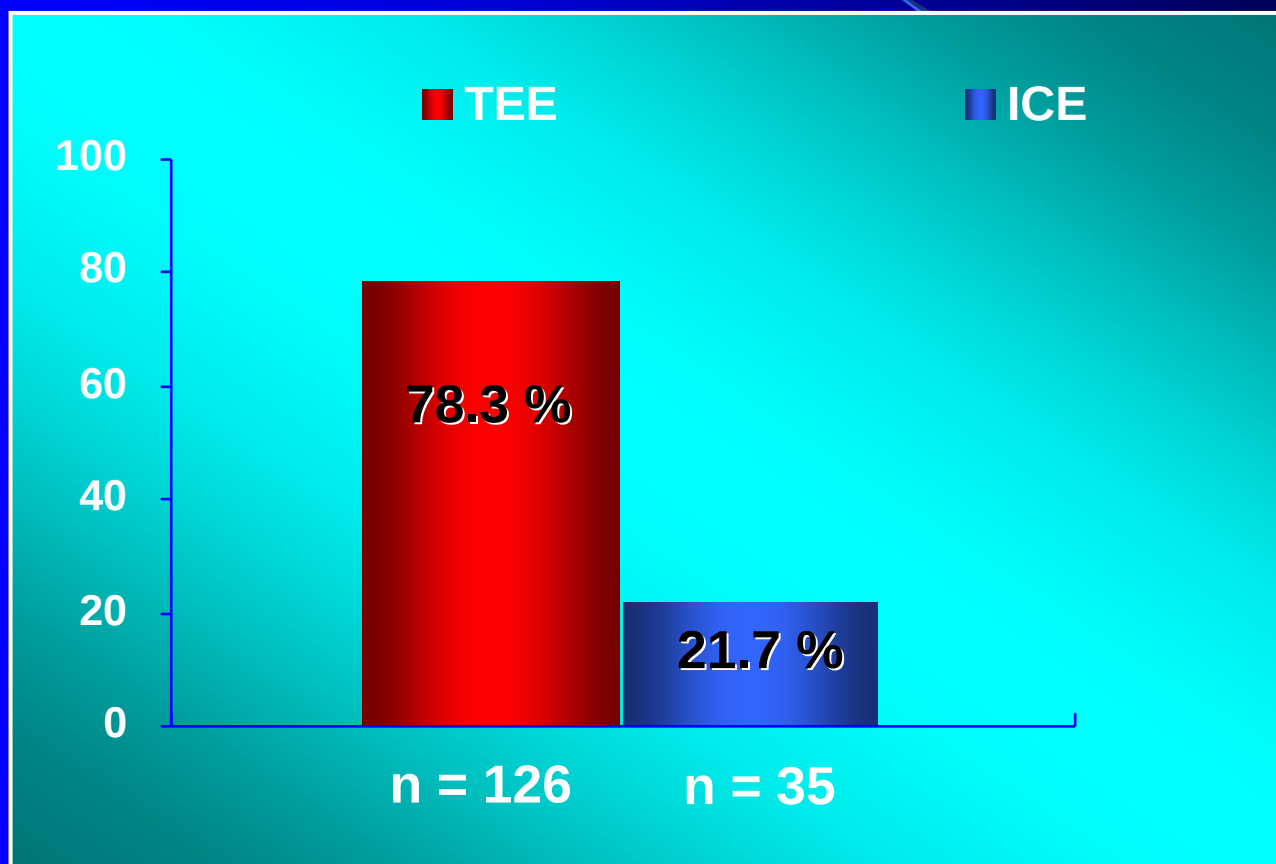
## Type of device

| Type of device    | N  | %    |
|-------------------|----|------|
| CARDIA 20         | 5  | 3,1  |
| CARDIA 25         | 20 | 12,4 |
| CARDIA 30         | 4  | 2,5  |
| CARDIA Atrisept 2 | 1  | ,6   |
| PFO 18            | 12 | 6,8  |
| PFO 25            | 74 | 46,0 |
| PFO 25 Cribriform | 1  | ,6   |
| PFO 25 Cribriform | 27 | 16,8 |
| PFO 30            | 3  | 1,9  |
| PFO 35            | 6  | 3,7  |
| PFO 35 Cribriform | 4  | 2,5  |
| Failed            | 4  | 1,9  |



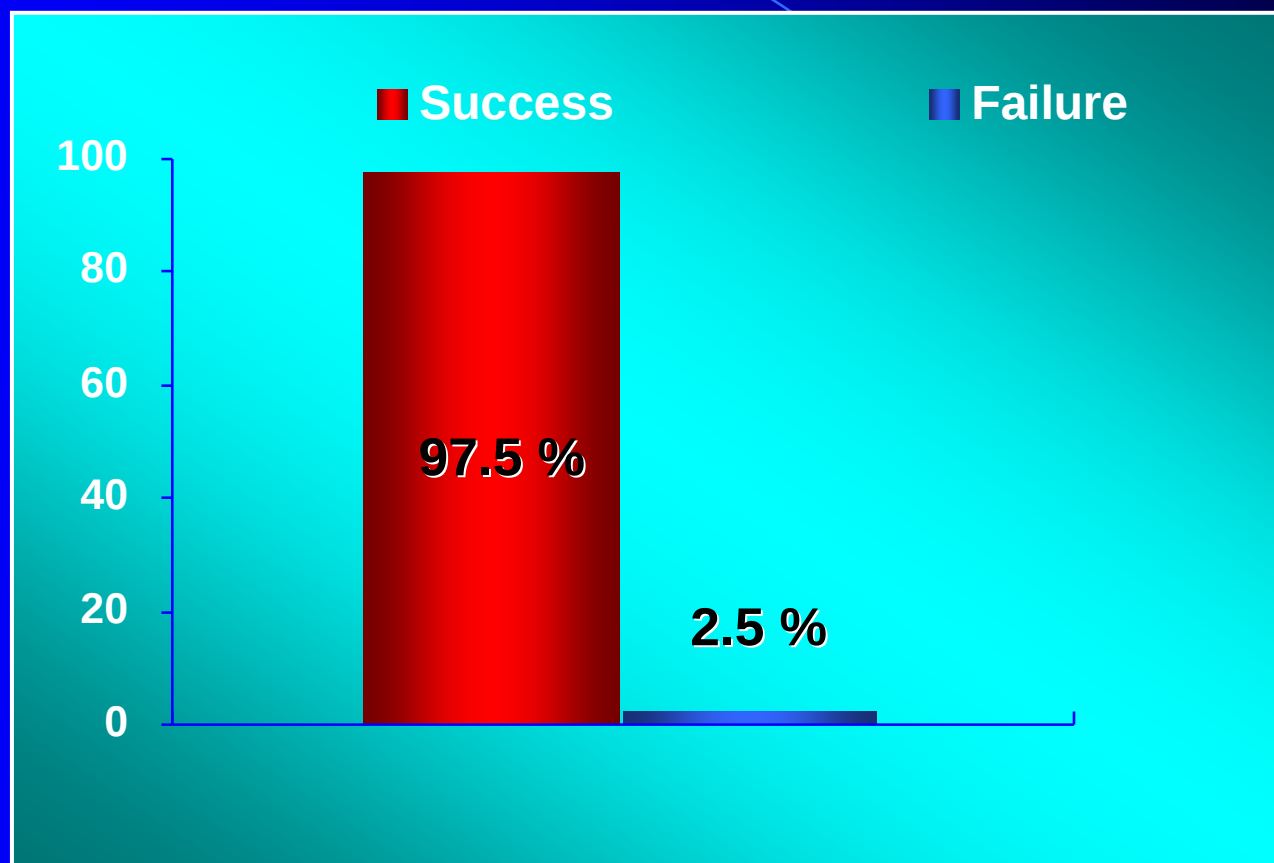
# Procedural characteristics

## Ultrasound guidance



# Results

## Procedural success

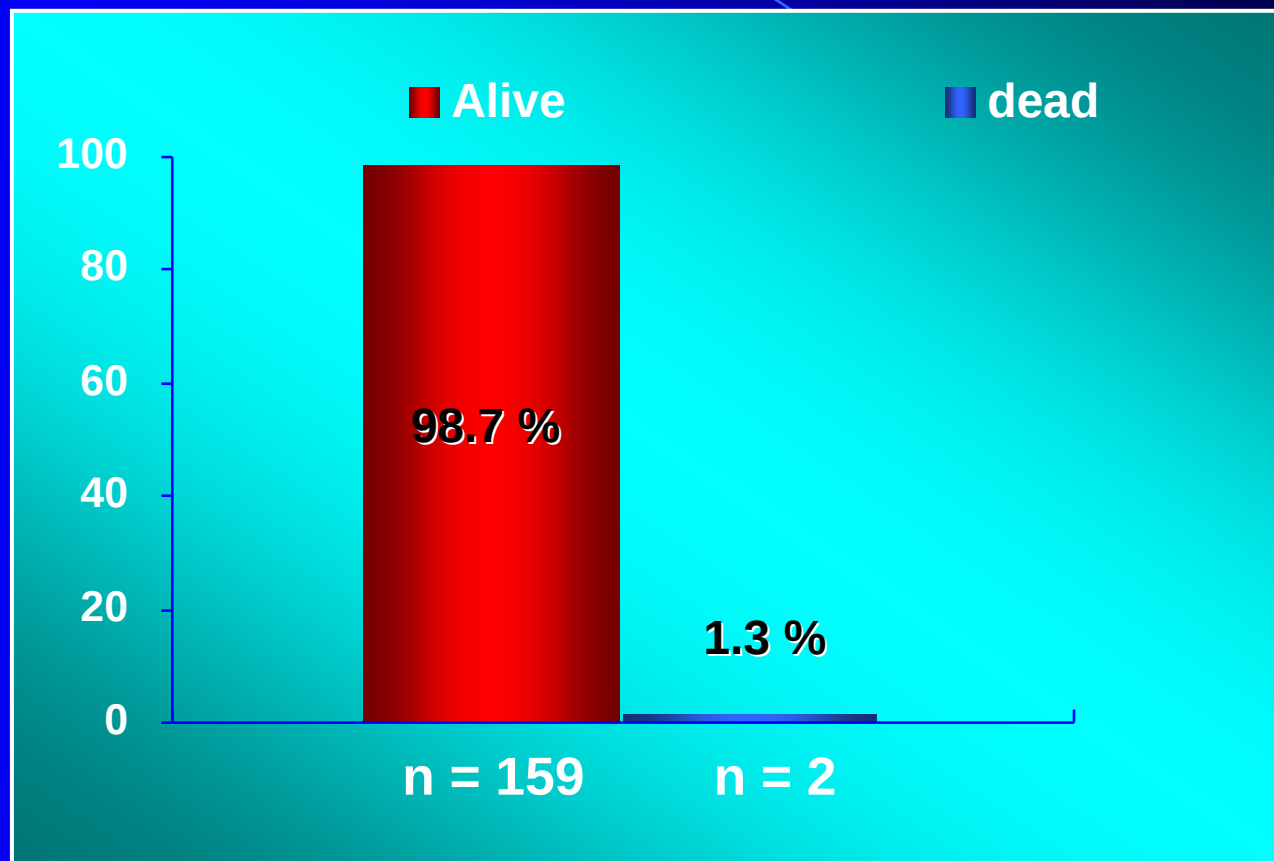


**2.48% (4 pts) of peri-procedural complications**



# Results

## 1 year clinical follow up



Completed in 100% of study population at median  $42 \pm 18$  months from index procedure

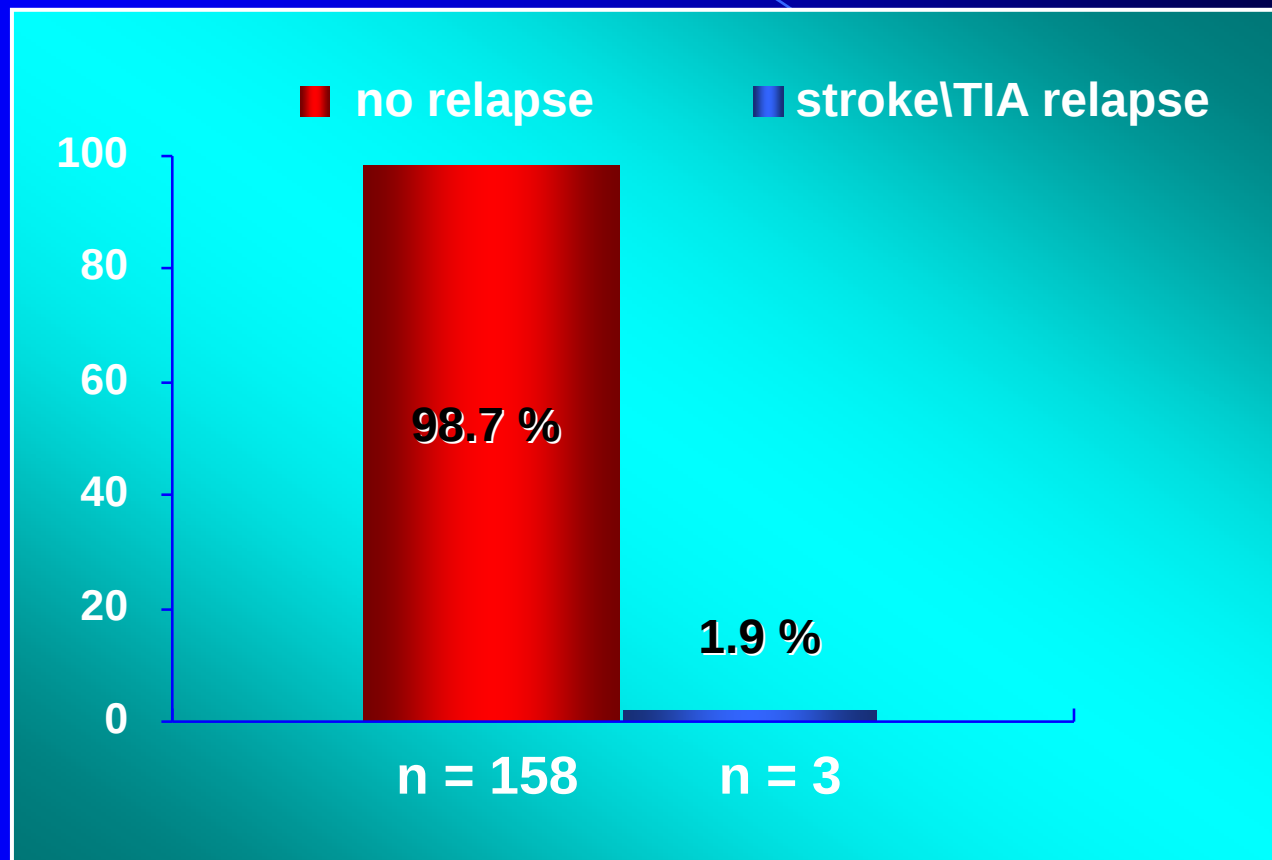
1-year TTE evaluation in 44% of pts with evidence of optimal closure



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# Results

## 1 year clinical follow up

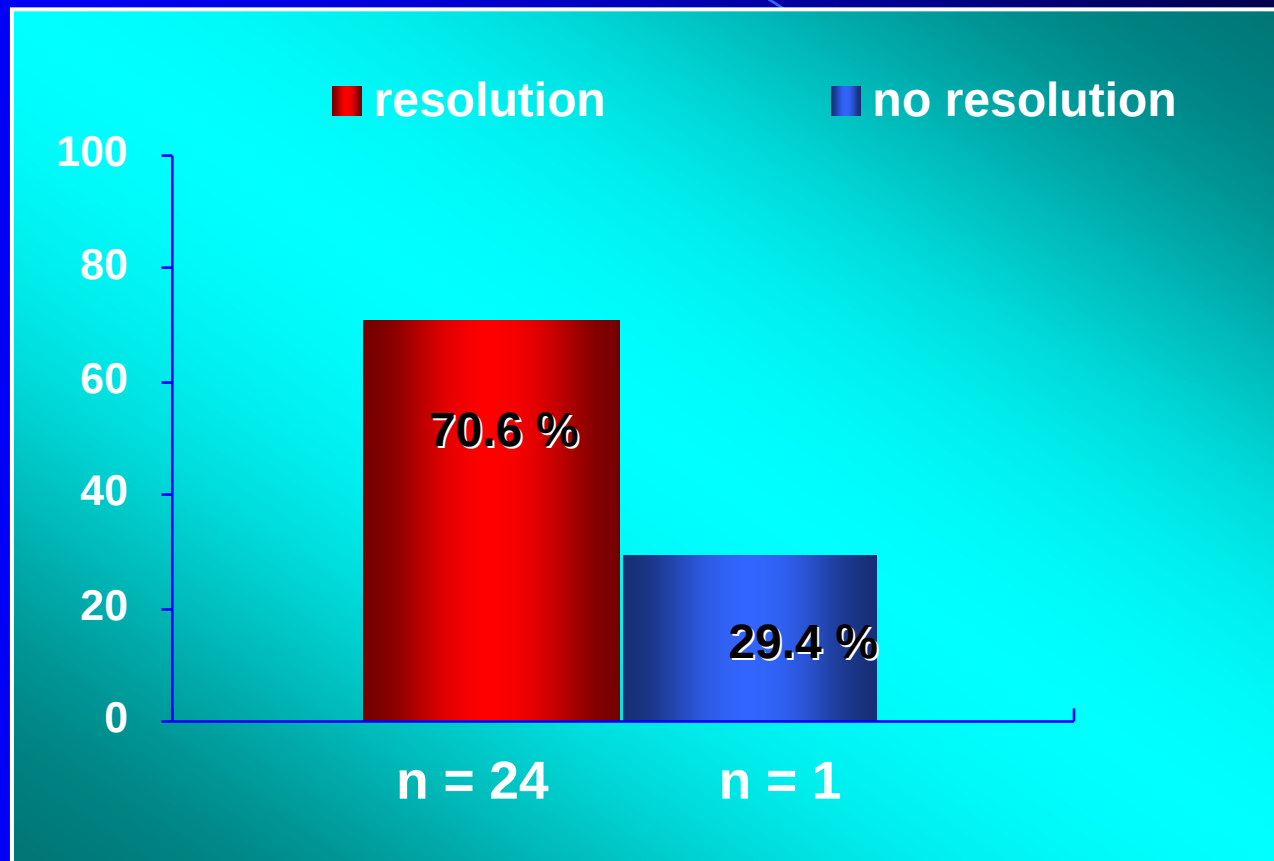


- At 5 months, 2 and 4 years from index procedure
- Optimal closure with no residual shunt at TTE 1-year evaluation



# Results

Migraine resolution in 25 out of 34 pts evaluated



# Conclusions

- In our experience percutaneous closure of PFO is safe with 97% of procedural success, 2.4% of peri-procedural complications, 1.9% of overall mortality at 1 year follow up
- 2% of cerebrovascular ischemic events occurred at 1 year follow up, without evidence of residual shunt at TTE control
- Migraine resolution was evident in 70% of the pts evaluated
- The real efficacy of the procedure in the prevention of relapsing neurological events and in migraine resolution is controversial, and deserves further evaluation possibly with adequately sized randomized controlled trials



# Casistica Parma

## Febbraio 2014

- **PFO**
- 239 procedure: 5 fallite (3.29%)
- 234 a buon fine (96.71%)
- 234 pazienti soggetti a f.up - 2 decessi extra PFO (3, 12) - 2 persi al f.u.



## FLOW CHART DIAGNOSTICO-TERAPEUTICA

- Et   $\leq$  55 anni
- TIA/ICTUS criptogenetico, infarto emicranico, embolia sistemica criptogenetica

### I LIVELLO DIAGNOSTICO

(Ecocardiografia TT/TE con contrasto positivo per shunt dx/sn)  
Doppler Transcranico

• 10 BOLLE

• > 10 BOLLE

### II LIVELLO DIAGNOSTICO

Ecocardiografia Trans Esofagea (ETE)

Se primo evento ischemico senza fattori di rischio anatomico/clinici

Se primo evento ischemico con uno o pi  fattori di rischio anatomico/clinici

Se recidiva   indicato un work-up completo eziologico da un neurologo preferibilmente con competenze vascolari, comprensivo di studio delle arterie intracraniche ed esclusione di cause cardioemboliche di maggior peso (es. FA parossistica)

Terapia medica antiaggregante

Chiusura transcateretere FOP proponibile come alternativa a terapia medica

Chiusura transcateretere FOP indicata come alternativa a terapia medica

### TRATTAMENTO

Se in corso di terapia anticoagulante ben condotta (INR 2-3)